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New 'smart' surgical orthopedic implant coatings provide early failure warning, stops infection

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Representative image of x ray of bones (Photo credit: Pickpik)

According to the researchers, the new tool is a combination of bio-inspired nanomaterial design with flexible electronics to battle biomedical problem

Researchers have developed "smart" coatings for surgical orthopedic implants that they say can monitor strain on the devices to provide early warning of their failure while killing infection-causing bacteria. The coatings developed by researchers at the University of Illinois Urbana-Champaign, US, integrate flexible sensors with a nanostructured antibacterial surface inspired by the wings of dragonflies and cicadas.

The research, published in the journal *Science Advances*, found the coatings prevented infection in live mice and mapped strain in commercial implants applied to sheep spines to warn of various implant or healing failures.

"This is a combination of bio-inspired nanomaterial design with flexible electronics to battle a complicated, long-term biomedical problem," said study leader Qing Cao, professor at the University of Illinois Urbana-Champaign.

Both infection and device failure are major problems with orthopedic implants, each affecting up to 10 per cent of patients, Cao said.

Several approaches to fighting infection have been attempted, but all have severe limitations, he said.

Biofilms can still form on water-repelling surfaces, and coatings laden with antibiotic chemicals or drugs run out in a span of months and have toxic effects on the surrounding tissue with little efficacy against drug-resistant strains of bacterial pathogens, according to the researcher.

The team created a thin foil patterned with nanoscale pillars like those found on the insects' wings. When a bacterial cell attempts to bind to the foil, the pillars puncture the cell wall, killing it.

"Using a mechanical approach to killing bacteria allowed us to bypass a lot of the problems with chemical approaches, while still giving us the flexibility needed to apply the coating to implant surfaces," said professor Gee Lau, coauthor of the study.

On the back side of the nanostructured foil, where it contacts the implant device, the researchers integrated arrays of highly sensitive, flexible electronic sensors to monitor strain.

This could help physicians watch the healing progress of individual patients, guide their rehabilitation to shorten the recovery time and minimise risks, and repair or replace devices before they hit the point of failure, the researchers said.

The group then implanted the foils in live mice and monitored them for any sign of infection, even when bacteria were introduced.

They also applied the coatings to commercially available spinal implants and monitored strain to the implants in sheep spines under normal load for device failure diagnosis. The coatings performed both functions well.

The researchers next plan to develop wireless power and data communications interfaces for their coatings, a crucial step for clinical application, Cao said.

They also are working to develop large-scale production of the nanopillar-textured bacteria-killing foil.

"These types of antibacterial coatings have a lot of potential applications, and since ours uses a mechanical mechanism, it has potential for places where chemicals or heavy metal ions – as are used in commercial antimicrobial coatings now – would be detrimental," Cao added.

- Bacterial Infection
- Infection Rate